I. **OVERVIEW**

The following information will appear in the 2010 - 2011 catalog

**PEVW 100 Women's Varsity Basketball - Fall**

**3 Units**

*Instruction, training, and competition in intercollegiate basketball. (Fall semester)*

Four Maximum completions.
Field trips are not required. (A-F Only) /Lab

**Transfer:** (CSU, UC) **General Education:** (MJC-GE: Activities )

II. **LEARNING CONTEXT**

Given the following learning context, the student who satisfactorily completes this course should be able to achieve the goals specified in Section III, Desired Learning:

A. **COURSE CONTENT**

1. **Required Content:**

2. **Required Lab Content:**

   a. Theory of basketball
      i. Set plays
      ii. Patterned teamwork
      iii. Rules
      iv. Behavior

   b. Drill Work
      i. Shooting
      ii. Dribbling
      iii. Passing
      iv. Catching
      v. Rebounding
      vi. Footwork

   c. Team Concepts
      i. Offenses
         a. Half court man
         b. Half court zone
c. Full court man
d. Full court zone
e. Sideline out of bounds
f. Baseline out of bounds

ii. Defenses
   a. Half court man
   b. Half court zone
   c. Full court man
d. Full court zone
e. Sideline out of bounds
f. Baseline out of bounds

d. Conditioning
   i. Endurance running
   ii. Sprinting
   iii. Strength
   iv. Flexibility
   v. Coordination

e. Competition
   i. Scrimmages
   ii. Tournaments
   iii. Non conference games
   iv. Conference games
   v. Post season

B. HOURS AND UNITS

<table>
<thead>
<tr>
<th>INST METHOD</th>
<th>TERM HOURS</th>
<th>UNITS</th>
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<tbody>
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<td>0</td>
</tr>
<tr>
<td>Lab</td>
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C. METHODS OF INSTRUCTION (TYPICAL)
Instructors of the course might conduct the course using the following method:

1. Demonstration and description of skills
2. Participation within class by the student
3. Group interaction within class among students and teacher
4. Video review
5. Scrimmage/game scenarios

D. ASSIGNMENTS (TYPICAL)

1. **EVIDENCE OF APPROPRIATE WORKLOAD FOR COURSE UNITS**
   *Time spent on coursework in addition to hours of instruction (lecture hours)*
   Lab only - no outside-of-class hours required.

2. **EVIDENCE OF CRITICAL THINKING**
   *Assignments require the appropriate level of critical thinking*
   a. Evaluate game film to learn opponents' strengths and weaknesses.
   b. Develop individual strategies to defeat an opponent.
   c. Analyze personal strengths and weaknesses.
   d. Recognize opponents' multiple offensive and defensive strategies through game simulation in practice.

E. TEXTS AND OTHER READINGS (TYPICAL)

1. Other: No textbook required.

III. DESIRED LEARNING

A. **COURSE GOAL**
   *As a result of satisfactory completion of this course, the student should be prepared to:*
   demonstrate skills and strategy necessary to become an intricate part of the women's basketball team and utilize the required skills to the betterment of the team in intercollegiate competition.

B. **STUDENT LEARNING GOALS**
   *Mastery of the following learning goals will enable the student to achieve the overall course goal.*

1. **Required Learning Goals**
   *Upon satisfactory completion of this course, the student will be able to:*

   a. identify and apply the rules of basketball.

2. **Lab Learning Goals**
   *Upon satisfactory completion of the lab portion of this course, the student will be able to:*

   a. exercise the necessary skills to perform at the intercollegiate level.
c. assess the importance of teamwork within the framework of the rules.

d. formulate the strategy under game conditions.

e. utilize game strategies and philosophies during competition.

IV. METHODS OF ASSESSMENT (TYPICAL)

A. FORMATIVE ASSESSMENT

1. Instructor evaluation of individual improvement.

2. Preseason testing.
   1. Speed
   2. Agility
   3. Strength
   4. Skill deficiencies

3. Instructor evaluation of team improvement

B. SUMMATIVE ASSESSMENT

1. Instructor evaluation of individual improvement.

2. Postseason testing.
   1. Speed
   2. Agility
   3. Strength
   4. Skill deficiencies

3. Instructor evaluation of team improvement.