OVERVIEW
The following information will appear in the 2010 - 2011 catalog

PEVM 115  Varsity Football  3 Units

Instruction, training, and competition in intercollegiate football.

Four Maximum completions.
Field trips might be required. (A-F or P/NP - Student choice) /Lab
Transfer: (CSU, UC) General Education: (MJC-GE: Activities)

LEARNING CONTEXT
Given the following learning context, the student who satisfactorily completes this course should be able to achieve the goals specified in Section III, Desired Learning:

A.  COURSE CONTENT

1.  Required Content:

2.  Required Lab Content:

   a.  Rules

      i.  scrimmage play

      ii.  free kicking situations

      iii.  scrimmage kicking situations

      iv.  penalties and their enforcement

   b.  Strategy of football

      i.  ball control/ time of possession

      ii.  field position defense

          a.  goal line / inside the 3-yard line

          b.  red zone / inside the 25-yard line

          c.  free wheeling zone between the 25-yard lines

          d.  backed-up between the opponent's 5 and goal line

      iii.  field position offense

          a.  goal line inside the 3-yard line and goal line

          b.  red zone inside the 30-yard line

          c.  backed-up between the 3-yard line and goal line
d. free wheeling zone between the 25-yard lines

iv. clock management
   a. offense / defense opposite strategy
      a. 2 minute offense (saving time)
      b. 4 minute offense (using time to our advantage)

v. offensive skills
   a. movements regarding blocking
   b. movements regarding ball handling
      a. knowledge of system of passing game
      b. knowledge of system of running game

vi. defensive skills
   a. movements regarding tackling
   b. movements regarding block protection
   c. knowledge of system defending pass game
   d. knowledge of system defending run game

vii. special teams play
    a. kick-off and return
    b. punt and return
    c. field goal and field goal defense

viii. competition at the intercollegiate level
     a. scrimmages
     b. non-league contests
     c. league contests

ix. social skills regarding being a good teammate

x. mental aspect of individual and team preparation for the game of football

B. HOURS AND UNITS

| 3 Units |
### C. METHODS OF INSTRUCTION (TYPICAL)

Instructors of the course might conduct the course using the following method:

1. Lecture
2. Demonstration and description of individual skills
3. Audio-visual presentations
4. Small and large group interaction
5. Competitive contests

### D. ASSIGNMENTS (TYPICAL)

1. **EVIDENCE OF APPROPRIATE WORKLOAD FOR COURSE UNITS**
   
   Time spent on coursework in addition to hours of instruction (lecture hours)

   Lab only - no outside-of-class hours required

2. **EVIDENCE OF CRITICAL THINKING**
   
   Assignments require the appropriate level of critical thinking

   a. Appraise competitive situation and react to it as strategy dictates
   b. Evaluate personal ability and use the information to develop a plan to perform at an optimal level during competition
   c. Review practice and game video and develop and/or adjust defensive and/or offensive schemes

### E. TEXTS AND OTHER READINGS (TYPICAL)

1. Other: no text required

### III. DESIRED LEARNING

#### A. COURSE GOAL

As a result of satisfactory completion of this course, the student should be prepared to:

- demonstrate advanced skills and knowledge required for successful competition in intercollegiate football

#### B. STUDENT LEARNING GOALS

Mastery of the following learning goals will enable the student to achieve the overall course goal.

1. **Required Learning Goals**
   
   Upon satisfactory completion of this course, the student will be able to:

2. **Lab Learning Goals**
   
   Upon satisfactory completion of the lab portion of this course, the student will be able to:

   a. apply physical skills within competitive situations
   b. utilize football knowledge and ability in competitive events
c. master the skills necessary within the total team concept of football

d. identify and evaluate the strategy used in formulating a game plan

e. interpret rules pertaining to football

IV. METHODS OF ASSESSMENT (TYPICAL)

A. FORMATIVE ASSESSMENT

1. Performance in competition

2. Assessment of skills through daily practice

3. Demonstration of mastery of football rules and strategy

B. SUMMATIVE ASSESSMENT

1. Performance in competition

2. Assessment of skill development and improvement