Modesto Junior College
Course Outline of Record

PEVM 105

I. OVERVIEW
The following information will appear in the 2009 - 2010 catalog

PEVM-105 Men's Varsity Basketball - Fall 3.33 Units

Instruction, training, and competition in intercollegiate basketball (Fall semester) Course is repeatable - four completions allowed. Field trips are not required. Course is applicable to the associate degree.

II. LEARNING CONTEXT
Given the following learning context, the student who satisfactorily completes this course should be able to achieve the goals specified in Section III, Desired Learning:

A. COURSE CONTENT

1. Required Content:

   a. Theory of Basketball
      i. set plays
      ii. patterned teamwork
      iii. rules
      iv. behavior

   b. Drill Work
      i. shooting
      ii. passing
      iii. catching
      iv. rebounding
      v. footwork

   c. Team Concepts
      i. offenses
         a. 1/2 court man
         b. 1/2 court zone
         c. full court man
         d. full court zone
         e. sideline out of bounds
f. baseline out of bounds

ii. defenses
   a. 1/2 court man
   b. 1/2 court zone
   c. full court man
   d. full court zone
   e. sideline out of bounds

d. Conditioning
   i. endurance running
   ii. sprinting
   iii. strength
   iv. flexibility
   v. coordination

e. Competition
   i. scrimmages
   ii. tournaments
   iii. non-league games
   iv. league games
   v. playoffs

2. **Required Lab Content:**

a. Theory of Basketball
   i. set plays
   ii. patterned teamwork
   iii. rules
   iv. behavior

b. Drill Work
   i. shooting
ii. passing
iii. catching
iv. rebounding
v. footwork

c. Team Concepts
   i. offenses
      a. 1/2 court man
      b. 1/2 court zone
      c. full court man
      d. full court zone
      e. sideline out of bounds
      f. baseline out of bounds
   
   ii. defenses
      a. 1/2 court man
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      c. full court man
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   d. Conditioning
      i. endurance running
      ii. sprinting
      iii. strength
      iv. flexibility
      v. coordination

   e. Competition
      i. scrimmages
      ii. tournaments
      iii. non-league games
iv. league games

v. playoffs

B. **ENROLLMENT RESTRICTIONS**

1. **Requisite Skills**
   *Before entering the course, the student will be able to:*
   
a. None

C. **HOURS AND UNITS**

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D. **METHODS OF INSTRUCTION (TYPICAL)**

*Instructors of the course might conduct the course using the following method:*

1. Demonstration/description of skills
2. Participation within class by the student
3. Group interaction within class among students and teacher
4. Video review
5. Scrimmage/game scenarios

E. **ASSIGNMENTS (TYPICAL)**

1. **EVIDENCE OF APPROPRIATE WORKLOAD FOR COURSE UNITS**
   *Time spent on coursework in addition to hours of instruction (lecture hours)*

   Lab only - no outside-of-class hours required

2. **EVIDENCE OF CRITICAL THINKING**
   *Assignments require the appropriate level of critical thinking*

   a. Evaluate game film to learn opponents strengths and weaknesses.
   b. Develop individual strategies to defeat an opponent.
   c. Analyze personal strengths and weaknesses.
       i. Complete drills to improve their areas of weakness
       ii. Recognize and develop personal strengths as demonstrated in practice and game performance.
   d. Recognize opponents multiple offensive and defensive strategies through game simulation in
practice.

F.  TEXTS AND OTHER READINGS (TYPICAL)

1.  Other: No textbook required.

III.  DESIRED LEARNING

A.  COURSE GOAL

As a result of satisfactory completion of this course, the student should be prepared to:

Perform the required basketball skills necessary to contribute to individual and team success, while
performing at the highest level possible, both physically and mentally.

B.  STUDENT LEARNING GOALS

Mastery of the following learning goals will enable the student to achieve the overall course goal.

1.  Required Learning Goals

Upon satisfactory completion of this course, the student will be able to:

2.  Lab Learning Goals

Upon satisfactory completion of the lab portion of this course, the student will be able to:

   a.  identify and apply the rules of basketball.
   b.  execute the necessary skills to perform at the intercollegiate level
   c.  assess the importance of teamwork within the framework of the rules
   d.  formulate strategy under game conditions
   e.  utilize game strategies and philosophies during competition

IV.  METHODS OF ASSESSMENT (TYPICAL)