Modesto Junior College
Course Outline of Record

PEVM 100

I. **OVERVIEW**
The following information will appear in the 2010 - 2011 catalog

**PEVM 100  Varsity Baseball  3 Units**

*Instruction, training, and competition in intercollegiate baseball.*

Four Maximum completions.
Field trips are not required.  (A-F Only) /Lab
Transfer: (CSU, UC)  General Education: (MJC-GE: Activities)

II. **LEARNING CONTEXT**
*Given the following learning context, the student who satisfactorily completes this course should be able to achieve the goals specified in Section III, Desired Learning:*

A. **COURSE CONTENT**

1. **Required Content:**

2. **Required Lab Content:**

   a. Rules and regulations

   b. Skills

      i. Offensive

         a. Hitting

         b. Baserunning

         c. Situation assessment

      ii. Defensive

         a. Infield play

         b. Outfield Play

         c. Pitching

         d. Catching

         e. Situation assessment

   c. Strategies

   d. Conditioning

   e. Team play

   f. Mental Preparation
i. Rehearsal

ii. Visualization

iii. Stress release

g. Intercollegiate play

B. HOURS AND UNITS

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C. METHODS OF INSTRUCTION (TYPICAL)

Instructors of the course might conduct the course using the following method:

1. Demonstration/description of skills

2. Group interaction within class among students and teacher

3. Participation within class by students

4. Competitive contests

5. Facilitate student participation in strategy sessions and devising a plan to counter specific game situations.

6. Instructor-supervised practices to assist the student in formulating a means to appraise performance of acquired skills, strategies and rules.

D. ASSIGNMENTS (TYPICAL)

1. EVIDENCE OF APPROPRIATE WORKLOAD FOR COURSE UNITS

   Time spent on coursework in addition to hours of instruction (lecture hours)

   Lab only - no outside of class hours required.

2. EVIDENCE OF CRITICAL THINKING

   Assignments require the appropriate level of critical thinking

   a. Analyze opponents’ statistics to develop an effective strategy to counter strengths and capitalize on weaknesses.

   b. Evaluate individual and team game performance and make adjustments where necessary.

E. TEXTS AND OTHER READINGS (TYPICAL)

1. Other: No text required

III. DESIRED LEARNING
A. COURSE GOAL
   As a result of satisfactory completion of this course, the student should be prepared to:

   demonstrate mastery of skills, an understanding of the rules, and offensive and defensive strategies
   necessary to compete in intercollegiate baseball.

B. STUDENT LEARNING GOALS
   Mastery of the following learning goals will enable the student to achieve the overall course goal.

   1. Required Learning Goals
      Upon satisfactory completion of this course, the student will be able to:

   2. Lab Learning Goals
      Upon satisfactory completion of the lab portion of this course, the student will be able to:

         a. Demonstrate an understanding of the rules and regulations of intercollegiate baseball.
         b. Demonstrate mastery of the skills required to successfully compete at the intercollegiate level.
         c. Sustain a level of conditioning necessary to compete effectively.
         d. Participate as an effective member of a team.

IV. METHODS OF ASSESSMENT (TYPICAL)

A. FORMATIVE ASSESSMENT
   1. Pre test
   2. Assessment of skill competency
   3. Participation frequency
   4. Prepared demonstration of skills

B. SUMMATIVE ASSESSMENT
   1. Prepared demonstration of skills
   2. Assessment of skill competency
   3. Performance in competition
   4. Participation frequency
   5. Pre test/Post test comparison