Modesto Junior College  
Course Outline of Record  
PEC 112

I. OVERVIEW
The following information will appear in the 2010 - 2011 catalog

PEC 112  Intermediate Racquetball  1 Unit

Recommended for Success: Before enrolling in this course, students are strongly advised to satisfactorily complete PEC 111.

Intermediate skills and theory. Basic singles and doubles play. Participation at local court. Expenses are the responsibility of the student.

Materials Fee Required

Four maximum completions.
Field trips are not required. (A-F or P/NP - Student choice) /Lab

Transfer: (CSU, UC) General Education: (MJC-GE: Activities)

II. LEARNING CONTEXT
Given the following learning context, the student who satisfactorily completes this course should be able to achieve the goals specified in Section III, Desired Learning:

A. COURSE CONTENT

1. Required Content:

2. Required Lab Content:

a. Basic Skills
   i. forehand
   ii. backhand
   iii. overhead

b. serving
   i. Grip
   ii. forearm stroke
   iii. backhand stroke
   iv. overhead stroke

   c. Footwork and body positioning for proper stroke production
      i. Forehand stroke production
      ii. passing shot
      iii. ceiling shot
      iv. pinch and roll-out kill
v. Backhand stroke production
   a. passing shot
   b. ceiling shot
   c. pinch and roll-out kill

vi. Overhead stroke production
   a. ceiling shot
   b. passing shot and pinch kill

vii. first and second serve strategies
   a. drive
   b. lob
   c. Z-serve
   d. midrange

viii. Strategies
   a. Singles play
   b. Doubles play

ix. Practice

x. Rules
   a. fault serves
   b. out serves
   c. hinders
   d. dead ball hinder
   e. court hinder
      a. screen ball
      b. safety hold-up

xi. Terminology

xii. Scoring

B. ENROLLMENT RESTRICTIONS

1. Advisories
Before enrolling in this course, students are strongly advised to satisfactorily complete PEC 111.

C. **HOURS AND UNITS**

<table>
<thead>
<tr>
<th>Inst Method</th>
<th>Term Hours</th>
<th>Units</th>
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<tbody>
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<td>Lect</td>
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<td>Disc</td>
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D. **METHODS OF INSTRUCTION (TYPICAL)**

*Instructors of the course might conduct the course using the following method:*

1. Instructor demonstration of skills
2. group interaction/discussion
3. one on one instruction

E. **ASSIGNMENTS (TYPICAL)**

1. **EVIDENCE OF APPROPRIATE WORKLOAD FOR COURSE UNITS**

   *Time spent on coursework in addition to hours of instruction (lecture hours)*

   Lab only - no outside of class hours required.

2. **EVIDENCE OF CRITICAL THINKING**

   *Assignments require the appropriate level of critical thinking*

   a. Students will evaluate and modify skills and strategies based on personal appraisal of their performance.
   b. Students will perform in game situations to demonstrate knowledge and understanding of the rules of racquetball.
   c. Students will develop strategies to successfully participate in racquetball games.

F. **TEXTS AND OTHER READINGS (TYPICAL)**

1. Other: no text required

III. **DESIRED LEARNING**

A. **COURSE GOAL**

*As a result of satisfactory completion of this course, the student should be prepared to:*

   demonstrate knowledge of rules, terminology, strategies, and skills through participation in racquetball play.

B. **STUDENT LEARNING GOALS**

*Mastery of the following learning goals will enable the student to achieve the overall course goal.*

1. **Required Learning Goals**

   *Upon satisfactory completion of this course, the student will be able to:*

2. **Lab Learning Goals**
Upon satisfactory completion of the lab portion of this course, the student will be able to:

a. Apply the correct basic strategy for the given situation found in racquetball
b. develop a personal philosophy regarding best approach in competing in racquetball

IV. METHODS OF ASSESSMENT (TYPICAL)

A. FORMATIVE ASSESSMENT
   1. Self evaluation of personal capacity to perform raquetball skills.
   2. Instructor evaluation of strategy and knowledge of rules as demonstrated during game play.
   3. Pre-test results.

B. SUMMATIVE ASSESSMENT
   1. Prepared demonstration of skills
   2. Pre-test/post-test result for comparison of performance
   3. Assessment of skill competency
   4. Participation frequency