I. **OVERVIEW**

The following information will appear in the 2009 - 2010 catalog

<table>
<thead>
<tr>
<th>FAMLF-800 Parent Education</th>
<th>0 Unit</th>
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<tbody>
<tr>
<td>Exploration of current issues in parenting. Influences of the family and school on the growth and development of the child. Emphasis on positive and nurturing guidance techniques. Course is repeatable - unlimited completions allowed. Field trips might be required. Course is applicable to the associate degree.</td>
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II. **LEARNING CONTEXT**

Given the following learning context, the student who satisfactorily completes this course should be able to achieve the goals specified in Section III, Desired Learning:

A. **COURSE CONTENT**

1. **Required Content:**

   a. Parenting is a process

   b. The Role of the Child

      i. Children's Needs

      ii. Parents' Needs of Children

      iii. Children learn through play

   c. The Role of the Parent

      i. How Parents Influence Children

      ii. Influences on Parents' Behavior

      iii. Parenting Styles

   d. The Role of Society

      i. The Environment

      ii. Social Influence

      iii. Protective and Risk Factors

   e. The Decision to Parent

      i. Types of families

   f. Parent-Child Relationships
i. Building positive rapport and mutual respect
ii. Using encouragement versus praise effectively
iii. Family Meetings
iv. Guides to Speech and Action
v. Problem Solving
vi. Limit Setting
vii. Conflict Techniques

g. Parenting Topics
i. Nutrition
ii. Birth Order
iii. Parenting Styles
iv. Power Play
v. Mistaken Goals of Behavior
vi. Natural and Logical Consequences
vii. Gender Identity
viii. Ethnic Identity
ix. Ages and stages of development/realistic expectations
x. Attachment
xi. Types of development: cognitive, language, social/emotional, physical, self-help/adaptive, aesthetic
xii. Anti-bias curriculum/philosophy
xiii. Coping with stress
xiv. Effects of television on development
xv. Labeling children
xvi. Child Abuse and Neglect
xvii. Effects and Prevention of Violence
xviii. Temperament
B. **HOURS AND UNITS**

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<th>INST METHOD</th>
<th>TERM HOURS</th>
<th>UNITS</th>
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C. **METHODS OF INSTRUCTION (TYPICAL)**

Instructors of the course might conduct the course using the following method:

1. Lecture, discussion
2. Participation in class discussions (small and large group format)
3. Media, including videos, films, and slides
4. Guest speakers
5. Role play and group presentations
6. Written projects

D. **ASSIGNMENTS (TYPICAL)**

1. **EVIDENCE OF APPROPRIATE WORKLOAD FOR COURSE UNITS**
   
   *Time spent on coursework in addition to hours of instruction (lecture hours)*
   
   a. Monthly personal reflection on subject presented
   b. Per term, create a diversity page about the child’s culture
   c. Per term, complete a screening tool such as the Ages and Stages Questionnaire (ASQ)
   d. Per term, select one current parenting article and write a summary and personal response to the article

2. **EVIDENCE OF CRITICAL THINKING**

   *Assignments require the appropriate level of critical thinking*

   a. After completing a screening tool such as the Ages and Stages Questionnaire (ASQ), complete a written analysis of findings
   b. After writing a summary and personal response to the selected parenting article, present an oral evaluation of the article

E. **TEXTS AND OTHER READINGS (TYPICAL)**

1. Other: Current professional parenting journals
III. **DESIRED LEARNING**

A. **COURSE GOAL**

*As a result of satisfactory completion of this course, the student should be prepared to:*

Effectively parent children utilizing positive guidance strategies while feeling supported by the connections developed with other parents in the course as current parenting issues are explored.

B. **STUDENT LEARNING GOALS**

*Mastery of the following learning goals will enable the student to achieve the overall course goal.*

1. **Required Learning Goals**

*Upon satisfactory completion of this course, the student will be able to:*

   a. Review the needs of children at the various developmental stages and discuss how meeting these needs reorganizes the parents' lives.

   b. Discuss how children may meet some of the parents' basic psychological needs within the family system.

   c. Compare and contrast parenting styles.

   d. Discuss the theories of play related to learning.

   e. Identify the various forms of social influence on parenting.

   f. Examine the diverse family groupings.

   g. Review the meaning of misbehavior and document actual behavior interactions between children and adults.

   h. Practice positive and respectful methods in response to children's behaviors.

   i. Analyze skills that help children improve their behavior and learning.

   j. Examine and discuss current issues in parenting.

IV. **METHODS OF ASSESSMENT (TYPICAL)**

A. **FORMATIVE ASSESSMENT**

1. Complete a diversity page emphasizing culture on a child

2. Complete a parenting style questionnaire

3. Complete and analyze an Ages and Stages Questionnaire (ASQ)

4. Discuss and utilize positive guidance techniques in relationship building

5. Write a self-reflection paper on lecture material

B. **SUMMATIVE ASSESSMENT**

1. Read and respond to a current parenting article